



## General Information about my trainings

- Key countries: Germany, South Africa, Japan & China
- Individually customized and designed according to my clients' needs
- Training Duration: usually 1 to 2 days, half-day workshops
- Method: A mix of theory, experience sharing, exercises and role play
- Languages: German or English
- Individual as well as group trainings available
- Additional option: Trainings in connection with business coaching



## Gabriele Rettig

As a trainer I stand for high-quality and fruitful intercultural trainings and coaching. I have extensive life and work experience in foreign countries, have widely participated in international cooperation and I am an expert for the countries and cultural areas of Germany, South Africa, Japan and China.

- Certified Intercultural Trainer, Carl Duisberg
- Certified Business Coach (BZTB)
- Foreign language trainer of long standing
- Member of the Federal Association of Certified Trainers and Business Coaches e.V.
- Training experience i.a: for educational institutions with international clientele, f.e. for Carl Duisberg | as part of vocational trainings | at the Hong Kong University of Science & Technology

## Contact Details

If your interest for intercultural trainings and coaching has been sparked, please contact me. I would be happy to discuss all options with you and to answer any questions you may have.



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## Intercultural Training & Coaching Competence for Global Players





## Intercultural Training & Coaching for a better understanding

What shapes our culture and those of others? Which impacts does our cultural imprint have on professional cooperation in teams, in negotiations and in transnational cooperation?

Intercultural Training gives answers to these questions – for specific countries as well as across cultures.

Use my training to improve your competence!



## Intercultural competence is turning into a key success factor among global players

**'When in Rome do as the Romans do':** In a globalized world of international companies and multicultural societies, the skill of successfully communicating with colleagues and clients is a winning attribute.

This kind of 'intercultural competence' can be taught and experienced. My clients will be given an insight into country specific cultural codes and values and will be sensitized to the 'foreign culture' of other countries.

### My trainings & coaching are designed for::

- Managers, specialists and other executives of international firms and project teams, who cooperate with foreign partners and colleagues and who are in need of making and closing deals with said parties,
- People, such as expats, teachers or students who are planning a long-term stay in a foreign country,
- People in social and other jobs, inclusive of volunteer workers, who are working and actively involved with different cultural circles.

### Country Specific Training

- Information about the target country: i.a. values, mannerism etc.
- Attaining a positive attitude towards the target country
- Particularities of working and leadership styles
- Intercultural team competence and communication, effective negotiation conduct
- Overcoming culture shock, tackling daily life etc.

### Training for Emigrants

- Attaining appropriate communication and behavioral style for long-lasting stays in a foreign country
- For company employees, university faculty, students etc.
- Know-how about and intensive examination of the target culture
- Goal: Fast acclimatization to the target country

### Training for Repatriates/ Re-Entry-Training

- Reintegration of repatriates into Germany
- Goal: Facilitating the settling-in process, re-integration into the work environment, accelerating projects and daily life

### Cultural Awareness Training

- Understanding foreign cultures' behavioral patterns and interpreting these correctly: f.e. differences in body language, gestures and facial expressions
- Obtaining background knowledge in intercultural theory (different models)
- Basic principles of intercultural decision-making and responsibility, as well as communication in an every-day context
- Theoretical inputs and practical exercises, examples and challenges
- Specifically designed for business people, project teams, students and all jobs which are dealing with foreign cultures, such as teachers, nurses, social workers etc.
- Goal: Creating and training cultural awareness

### Workshop with the topic 'Islamic Region'

- Obtain foundational knowledge
- 'Do's and Don'ts': Understanding and applying intercultural rules
- Developing good communication skills and strategies